

<b>Committee(s):</b> City of London Health and Wellbeing Board - For information	<b>Dated:</b> 29-06-2023
<b>Subject:</b> Children and young people commissioning update	<b>Public</b>
<b>Which outcomes in the City Corporation's Corporate Plan does this proposal aim to impact directly?</b>	1, 2, 3, 4, 8
<b>Does this proposal require extra revenue and/or capital spending?</b>	<b>N</b>
<b>If so, how much?</b>	<b>N/A</b>
<b>What is the source of Funding?</b>	<b>N/A</b>
<b>Has this Funding Source been agreed with the Chamberlain's Department?</b>	<b>Y/N</b>
<b>Report of:</b> Dr Sandra Husbands, Director of Public Health; Judith Finlay, Executive Director, Community and Children's Services	<b>For Information</b>
<b>Report author:</b> Carolyn Sharpe, Consultant in Public Health (children, young people and health protection), Hackney Council  Amy Wilkinson, Workstream Director Integrated Commissioning: Children, Young People, Maternity and Families, NHS North East London	

### Summary

This paper provides the board with an overview and update on commissioning activities for children and young people in the City of London by Public Health and to highlight key strands of work within the Children, Young People, Maternity and Families Integrated Commissioning Workstream.

### Recommendation(s)

Members are asked to:

- Note the report.

## Main Report

### Background

1. This paper details updates on the commissioning arrangements and activities for children and young people in the City of London by Public Health and the Children, Young People, Maternity and Families (CYPMF) Integrated Commissioning Workstream. The CYPMF workstream team is an integrated team comprising North East London (NEL) Integrated Care Board (ICB) and London Borough of Hackney (LBH) staff, with commissioning responsibility for a range of services on behalf of NHS North East London Integrated Care Board. The City and Hackney part of this is referred to as the 'Place Based Partnership'. The joint commissioning portfolio includes a breadth of services, both universal and targeted, that aim to provide the best start in life for children and young people in Hackney and the City of London.
2. The majority of the services included in this briefing are commissioned by Hackney Council on behalf of the City of London Corporation (CoL) and covered by a Service Level Agreement with the CoL. Services that are the commissioning responsibility of NHS ICB are also commissioned for both Hackney and the City of London.

### Public Health commissioning update

3. [Appendix 1](#) provides a summary table of all services for children and young people in the City of London commissioned by the City and Hackney Public Health Team including the service name, current provider, a brief description of the service provided and contract dates.
4. A narrative update with regards to high spend and/or high priority commissioning activity is provided below.
5. Health visiting services
  - a. We are currently in the mobilisation phase for a new Enhanced Health Visiting (EHV) Service. The contract has been awarded to Homerton Healthcare NHS Foundation Trust and will commence on 1 September 2023.
  - b. The EHV Service will be 'universal in reach – personalised in response' and meets the [2021 Healthy Child Programme guidelines](#). The new service model includes an additional fifth service level, over and above the four levels of service currently provided. This intensive fifth level (replacing the Family Nurse Partnership Service, see section 6 below) will support vulnerable, complex families and will have a broader eligibility criteria so that families that require support are not restricted access due to the parent's age or if they have more than one child.

- c. In addition to the five mandated visits, the EHV Service also comprises three targeted visits (1 specifically to act as a safety net for School Readiness); additional speech, language, and communication reviews at the 9-12 month visit, 2-2.5 year visit and at the 3-3.5 year visit to address the impact of COVID-19 on early years development.
- d. The EHV service includes 11 high impact lead roles which will focus on key aspects of child health, wellbeing and development. The service will also include an 18 month desktop review of child health records to ensure any outstanding remedial action is identified and addressed before development is impaired.

#### 6. Family Nurse Partnership (FNP)

- a. FNP is a licensed nurse-led home visiting service for first time young mums aged under 19 or up to the age of 25 with known vulnerabilities. The service is in the process of being decommissioned and will come to a close at the end of August 2023. From September 2023, all families that would have been eligible for the FNP service will be supported through the Intensive Home Visiting element of the new Enhanced Health Visiting Service (see section 5 above).
- b. The FNP programme model has a number of limitations:
  - i. It only works with first-time young mothers under 25 years old. This is not in line with the needs of the City & Hackney population, which has a reduced number of teenage parents, and an increasing number of older first-time parents.
  - ii. The programme only works with one child - the first child up to 2 years. This excludes families with more than one child and communities in the borough where the birth rate is high.
  - iii. The programme does not support concealed pregnancies, as you cannot access the programme if you are more than 28 weeks pregnant.
  - iv. FNP is a licensed model and is not flexible to suit the needs of our local population.
- c. A multi-stakeholder FNP transition working group has been established and has been meeting on a regular basis to support the safe transition of clients from the FNP to the EHV caseload. Guidelines provided by the FNP national team are being used to steer the process.

#### 7. Community peer mentoring, advice and signposting service

- a. A new integrated community based peer mentoring, advice and signposting service is being commissioned for socially vulnerable pregnant women and new mothers and will start on 1 September 2023. The new service will have a greater focus on peer mentoring.
- b. The Service aims to increase awareness of and reduce access barriers to perinatal and postnatal local support services as well as provide social, emotional and informational support to socially vulnerable pregnant women and new mothers within the first 1001 days, in Hackney and the City of London.

- c. Evidence shows that community peer support programmes can enable and empower women to make informed choices about their pregnancy and early parenthood. Providing sustained peer mentoring support aims to help and encourage women to engage with local maternity and other support services and build social capital within the local community.
8. Clinical health and wellbeing service (CHYPS Plus)
- a. The Young People's Clinical Health and Wellbeing Service (CHYPS Plus) contract is due to expire on 31 August 2023. Although Hackney Cabinet Procurement and Insourcing Committee approved a one-year contract extension (until 31 August 2024), a decision has been taken not to grant this full extension. Rather a three-month extension (until 30 November 2023) will be granted to facilitate a smooth termination of the service.
  - b. The CHYPS Plus service has been underperforming for many years. Pre-COVID the service was not meeting performance targets, with performance being even further impacted by the COVID-19 pandemic. Trends indicate that service performance is unlikely to recover.
  - c. Alternative provision for all elements of the CHYPS Plus service is either already available locally or will be commissioned through enhancing an existing service.
  - d. It is clear from the service activity data that the CHYPS Plus service model does not meet the needs of young people locally. Public Health therefore intends to carry out work to explore new service models, taking into account what is working well in other London boroughs and, essentially, drawing on insights from engagement work that is happening currently with young people through the Super Youth Hub Project (see section below).

### **Children, young people, maternity and families (CYPMF) integrated workstream programmes and services update**

#### 9. Overview

- a. We are working closely with (and as part of) NHS NEL ICB to shape the future NEL Babies, Children and Young People programme. It has been agreed that Children and Young People's work should sit and be led by Place based Partnerships, with a high level NEL programme plan agreed where shared work adds value. NEL Directors of Children's services are part of these discussions. This CYPMF delivery plan and our local CYPMF governance is feeding into NEL thinking on this. Delivery of our NHS City and Hackney place based work is outlined in our Integrated delivery plan.
- b. Following the central NEL safeguarding re-structure, both children and adults safeguarding health functions are line managed by NEL ICB. There is work to do to agree how this will continue to function effectively at place.
- c. A number of transformation schemes were approved across the City and Hackney CYPMF agenda, supported by non recurrent transformation

funding to move forward key priorities with our partners. This includes supporting development of family hubs, addressing wait lists in community services, re-working the youth justice health offer, increasing immunisations and inequalities in maternity work. A small amount of NEL health inequalities funding was recently secured for specific work on emotional wellbeing and immunisations.

- d. We continue to work jointly across Public Health, the NEL NHS ICB, City and Hackney and with education, social care and provider partners in the development of a CYP Integrated health and wellbeing framework, with an agreed local vision, priorities, shared set of indicators and action plan and supporting the recommissioning of the 0-25 Public Health services. We are developing the health offer in family hubs, and working on the re-alignment of clusters to the neighbourhoods footprint. Key priority areas are outlined below:

#### 10. Improving Children and Young People's Emotional Health and Wellbeing / CAMHs

- a. We are continuing to manage the surge in demand for CAMHs, including progressing the integration of services through launching the new Single Point of access and working closely with partners on discharge and pathways planning. We are delivering on our new Eating Disorder action plan, through close work with parents and community providers and will host a crisis summit in October.
- b. Trauma informed work is rolling out, with training sessions delivered for LBH Link Workers, Homes for Ukraine Support Team, and Hackney Youth Justice colleagues. This training will also be available for City of London practitioners. Emotional wellbeing and CAMHS will form a key part of the new ways of working embedded through transformation of the LBH C&E transformation programme, including pushing forward anti-racism plans, and the WAMHS programme will be delivered in all Hackney schools from Autumn 2022.
- c. The Joint 0-25 Emotional Health and Wellbeing Strategy was published in January 2021. The purpose of the Strategy is to ensure that we are working together as an integrated system to support the emotional health and wellbeing of all children and young people in the City of London and Hackney. Since then, the Emotional Health & Wellbeing Partnership has worked together to identify priorities for the system and deliver on the action plan which was outlined at the end of the Strategy. We are now half way through the life of the strategy and we would like to take stock and review progress, as well as refreshing our priorities for the remainder of the Strategy.
- d. A stakeholder workshop will take place in mid July to review progress against actions and agree future actions. This will be presented at the Emotional Health and Wellbeing Partnership (EHWP) July- September 2023..

#### 11. Super Youth Hub

- e. The Super Youth Hub is a place-based partnership project aiming to improve independent access to a range of integrated services for young

people aged between 11-18 (24 with SEND). The project is in the early stages of development, with possible services in scope to be integrated for delivery in one place include; early mental health and wellbeing support, sexual and reproductive health, substance misuse, primary care (GP), training, employment and social prescribing.

- f. This work is currently in the design phase, and locations will be shaped and developed by the views of young residents in Hackney and The City. Young residents aged 16-19 (including one individual from the City of London) have been recruited and trained in participatory action research (PAR) techniques to learn methods of engagement. This is enabling them to gather data and insights from other young people to understand how services should be designed and delivered in a way that ensures that young people are able to find and access support in the right place (for them) at the right time with the right person.
- g. As part of this project the team have also been visiting other boroughs to learn from existing examples of holistic, integrated health services for children and young people.
- h. It is envisaged a new service model will be designed for winter 2023. Discussions are beginning around sustainable funding routes.

## 12. Improving Outcomes for Black Children and Young People (BCYP): Mental Health Workstream

- a. Key work areas over May and June 2023 include moving forward a data review across the workstreams, with an increased focus on measuring impact, and the strategic relaunch of the BCYP improving outcomes event in the community in October. We are identifying opportunities for engagement with BCYP in community settings, and continuing to align strategically with the Children's and Education Anti-Racist Practice Joint Action Plan. Learning from this will inform mental health provision for City children and young people, and we are keen to work with City of London colleagues to explore this.
- b. Planning for the next quarterly BCYP Group Sessions has started. The next session will be in July 2023, and aims to ensure there is transparency and accountability in sharing progress on the agreed BCYP MH Workstream priorities
- c. We will be aligning City and Hackney Anti-racism actions plans and work relating to tackling disproportionality with the BCYP MH workstream, and building a strong network, which amplifies good practice in culturally specific interventions, young people lead initiatives, and awareness in key areas of practice
- d. The Growing Minds (CAMHS Alliance) mental health targeted programme to children, young people and families from African, Caribbean and mixed heritage backgrounds is continuing. Key updates include:
  - i. In April-May two new rounds of community based parenting programmes started using non-violent resistance approaches
  - ii. Increased numbers of young males are engaging with counselling and the art therapy offer delivered through Off Centre following the appointment of a black male therapist

- iii. Growing Minds are continuing to deliver Tree of Life in secondary schools using peer-to-peer models with young leaders in the community and MHSTs. A series of groups have been booked for the summer term and autumn term next academic year.

### 13. Embedding Anti-Racist Practice Across the System

- a. CYPMF Integrated health teams' collaboration continues in developing LBH Anti-Racist practice. The workstream is a key partner of the newly formed Children and Education Anti-Racism Staff Reference Group (ARP SRG). This has included contributing to the development of the ARP SRG principles, as well as the development of LBH Anti-racist practice resources and content - bringing a cross system approach to this work.
- b. The CYPMF Integrated Health team has input from a Health perspective into the LBH Children and Education Joint Anti Racist Action Plan, with a particular focus on Mental Health and Maternity. This work is also applicable to the City of London, in terms of work with specific communities and we would welcome some thinking together around how we might use this approach and learning in a transferable way.

### 14. Children and Young People with Complex Needs and Special Educational Needs

- a. Health colleagues continue to prepare with partners for the anticipated SEND inspection. We are expecting a SEND inspection imminently for both the City of London and for Hackney. We are working closely with City of London SEND colleagues.
- b. The ICB funded Partnership Lead for Preparing for Adulthood has started in post. This 12 month role is hosted by Hackney and will work across the local system, initially focusing on health transition pathways.
- c. The multi-agency Dynamic Support Register monthly meeting reviews all children and young people who (with consent) are rag-rated for risk of placement breakdown in the community and / or at risk of Tier 4 admission. These are children and young people with Autism and / or LD, and with challenging behaviour. Where there is a significant risk, a Care Education Treatment Review (CETR) meeting is convened with NHSE-sourced independent Panel members who meet with the CYP, family and practitioners to critically assess what support should be provided in the community / whether admission is recommended

### 15. Neighbourhoods

- i. There has been system wide consultation on new geographical alignment of health services to a neighbourhood footprint as part of family hub work and we are exploring the potential for re-alignment of provider services, ie. maternity and health visiting. A health funded Family hub health coordinator is in place and there is a business case in development for continued CYP neighbourhoods resource to 2024.
- j. Renaisi has been appointed as an external evaluator and has worked with the team to develop a Theory of Change for the Children, Young People

- and Maternity workstream of the Neighbourhoods programme informing the evaluation and contribution analysis of the work.
- k. Neighbourhood forums continue to take place quarterly attended by local voluntary sector organisations and residents, facilitated by facilitators from local organisations. The forums are being used to gather intelligence about the opportunities, barriers and perceived gaps to health and wellbeing locally and focus on health inequalities
  - l. The synergies and opportunities arising from the development of Children and Family Hubs and the Neighbourhoods programme continue to be worked through.

## **Corporate & Strategic Implications**

This paper is not a proposal for change, rather it is to provide an update on key integration projects and programmes as well as commissioned services for children and young people in the City of London.

Strategic implications – The proposals set out in this report directly support achievement of a range of outcomes as set out in the City Corporation’s Corporate Plan 2018-23. In particular, two core objectives lie at the heart of the proposals: that ‘people enjoy good health and wellbeing’ and ‘people have equal opportunities to enrich their lives and reach their full potential’ (*Contribute to a flourishing society*).

Financial implications - none

Resource implications - none

Legal implications - none

Risk implications - none

Equalities implications – The report provides an overview of a number of projects and services that have a central focus on reducing inequalities, including on the basis of protected characteristics.

Climate implications - none

Security implications - none

## **Conclusion**

9. Public Health and the Children, Young People, Maternity and Families (CYPMF) Integrated Commissioning Workstream are working in partnership to ensure every child in the City of London has the best start in life. This is being mobilised through a wide range of universal and targeted commissioned services (Appendix 1) as well as through key work programmes. These programmes are focusing on achieving greater integration across the CYPMF portfolio that will lead to services that are more efficient, effective and provide a better experience for children and families. Programmes are also focused on reducing health inequalities for the most vulnerable children and young people, including those with special educational needs and disabilities, those with poor mental health, and those from global majority communities.



## **Appendices**

Appendix 1 – Summary of children and young people’s services commissioned by the City and Hackney Public Health Team

### **Carolyn Sharpe**

Consultant in Public Health

T: 020 8356 1135

E: [carolyn.sharpe@hackney.gov.uk](mailto:carolyn.sharpe@hackney.gov.uk)

### **Amy Wilkinson**

Workstream Director Integrated Commissioning: Children, Young People, Maternity and Families, NHS North East London

T: 0208 356 5989

E: [amy.wilkinson@hackney.gov.uk](mailto:amy.wilkinson@hackney.gov.uk)